

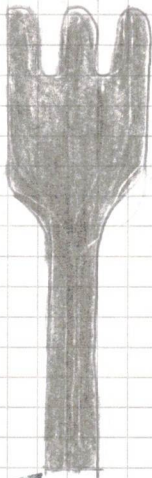


amref  
health africa





SIAMO CON VOI  
WE'RE WITH YOU ♡



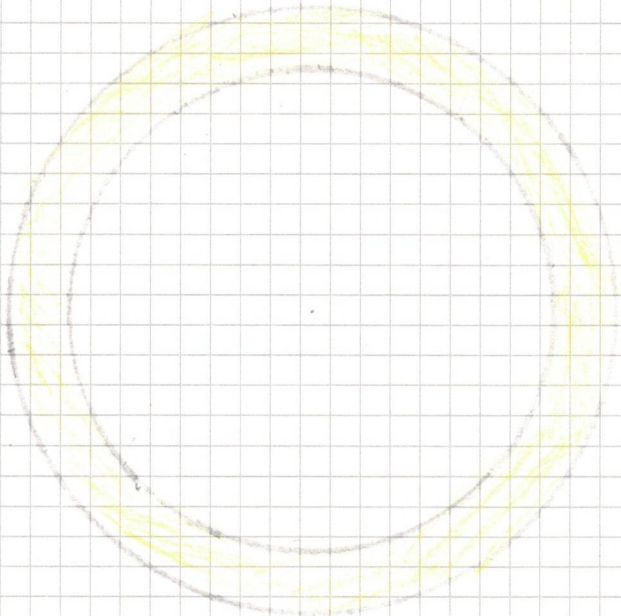
↑  
FORK



↑  
KNIFE



↑  
SPOON



↑  
DISH

They are used to eat



Dear children,

I'm so happy to write you this lines to describe my routine and my dreams.

I live in Rome with my family. It's formed by 4 people: my mum, my dad, my little brother and me.

Now, I will speak about my daily routine. Get ready because I have lots of to write.

My day start at 6:45, when I get up. Then I have breakfast, I have a shower and after that I get dressed. At 7:45 I go to school with my friend. I go back home at 13:40. I have lunch at 14:15 and after that i do my homework.

At 4:00 pm i get ready to go to volleyball trainings. I go home at 20:30, I have dinner and then I have a shower. At 23 I go to bed.


I'm in love with volleyball [^\_^].

In my volleyball team there are 17 people: Camilla Federica, Federico e Flavia are my volleyball best friends. I have 3 trainers: Matteo, Tamara and Flavia (Pss! my favourite are Tamara and Flavia).

I have a big dream: when i get old i wish to be a doctor and a researcher for NASA, because i would like to discover a medicine against cancer.

Now, I have to go study Maths, so we have to say goodbye.

A thousand kisses and a thousand hugs,

from your Italian friend 

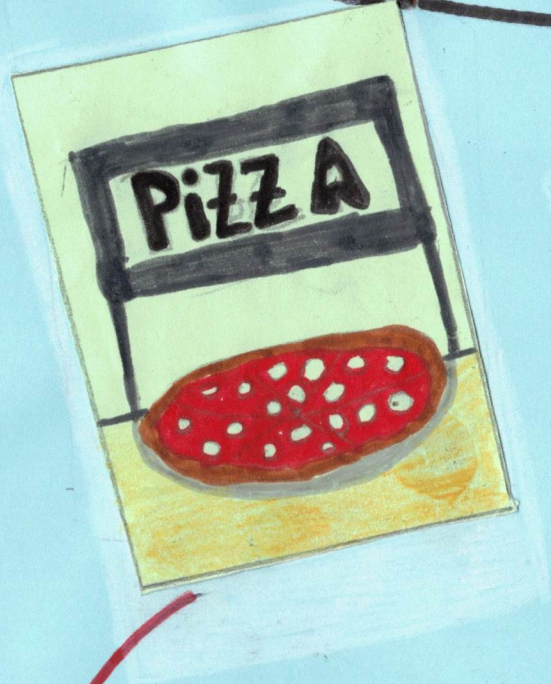


WITH AFRICA





# amref



This is the original  
Station food.  
It's delicious and  
great



This is a  
beautiful land  
scape, where  
the children  
are play and  
have fun.



This is  
hospital,  
where the  
people are  
care!







WE

ARE

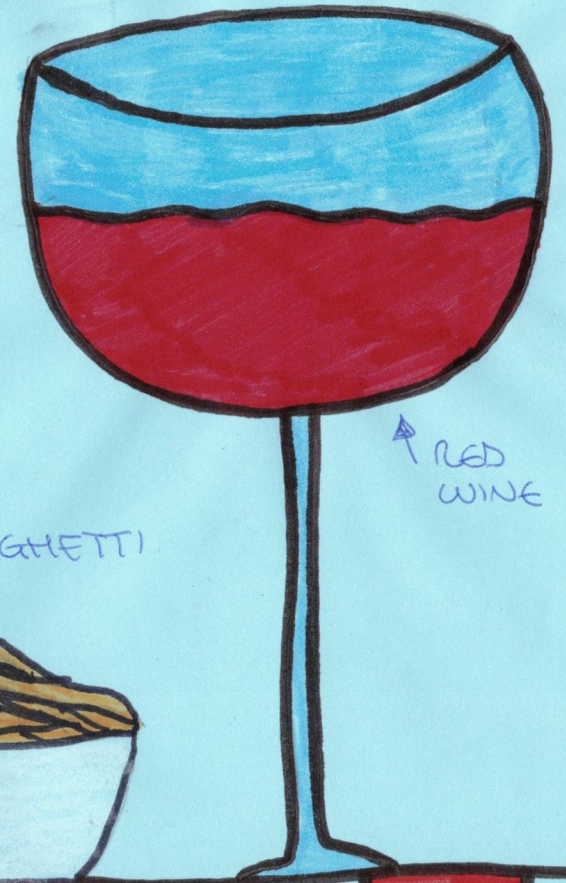
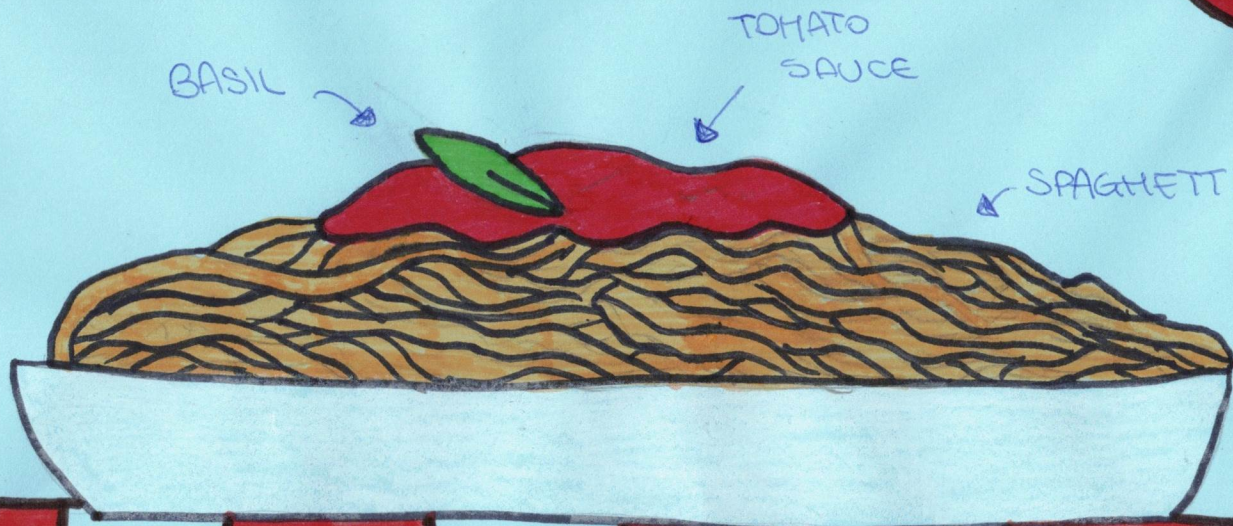
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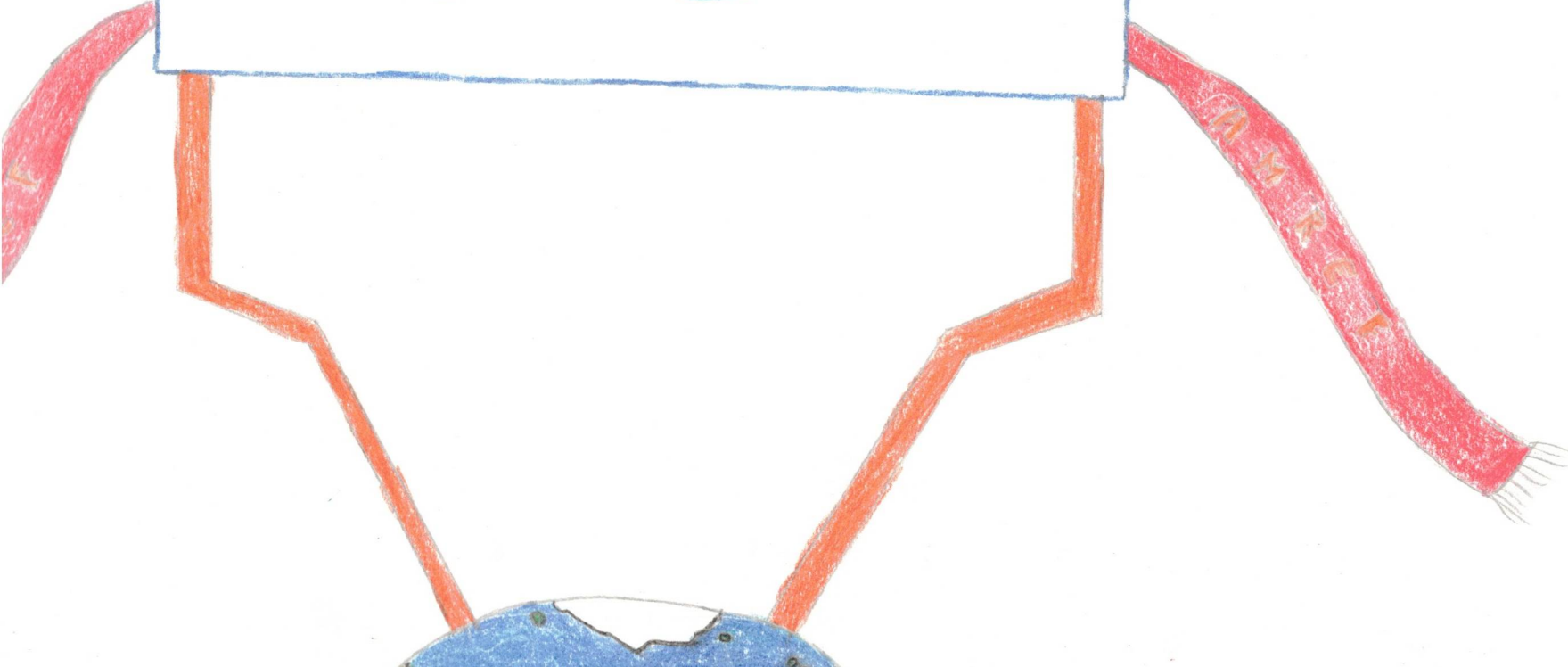
# ITALIAN FOOD



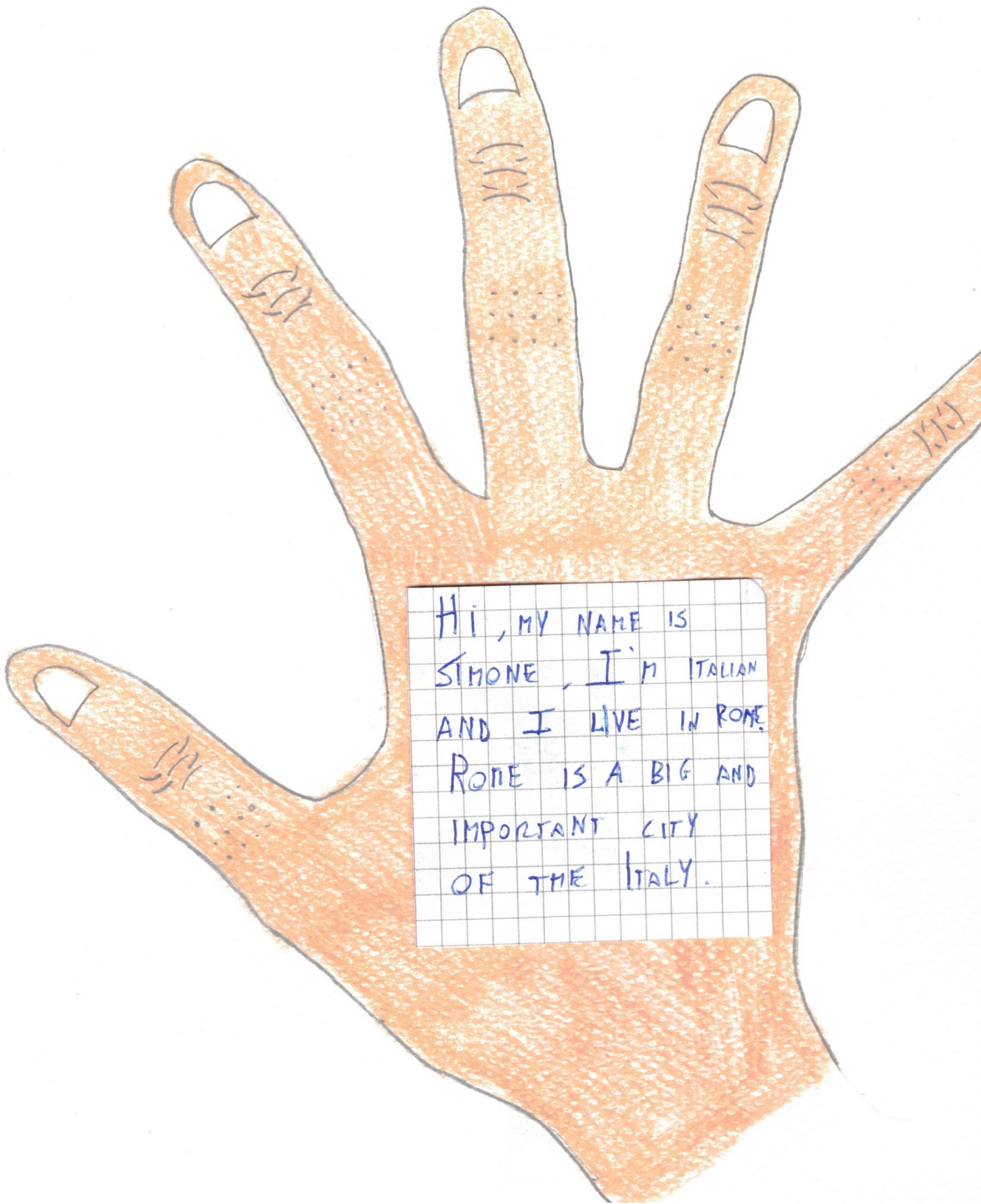




P  
A  
C  
E







Hi, MY NAME IS  
SIMONE, I'M ITALIAN  
AND I LIVE IN ROME.  
ROME IS A BIG AND  
IMPORTANT CITY  
OF THE ITALY.